

A school community fostering creativity, individuality and leadership while striving for excellence in teaching and learning.

Welcome to Term 2

FROM Susan Wyatt, The Principal

Term 2 is one of the busiest terms in the school calendar and as expected it has certainly started that way. Week 1 was quite a short week for our students commencing on Wednesday after the holidays and ANZAC Day. We always hold our ANZAC Day ceremony before the actual ANZAC Day, so on the last day of Term 1, Year 10 and their history teacher Prue Smith organised an absolutely special ceremony. The students brought the First World War home to Mosman with accounts of young men who had served and lived locally. The Performance band played really well and Wilson Nuygen supported us singing the hymns and National Anthem beautifully. Ted Litchfield played the Last Post without a hitch and Year 10 were a respectful and engaged audience.

On Monday at the Dawn Service at Georges Heights, the Performance band and Wilson again were a valued part of the ceremony and School Captain, Stella Meier, read a poem as part of the ceremony and with Vice Captain, Shreeya Singh, placed the wreath at the Cenotaph on behalf of our school. The sunrise was exquisite and despite a somewhat gloomy day and the early start, the turn out for the Dawn Service was enormous. Thank you to Michael White, Joern Harris and Caroline Fechner for supporting the students on the day.

Tuesday of Week 2 and the weather was perfect for our Athletics Carnival at Narrabeen Institute of Sport. Our wonderful sports department coordinated

the day and as always there were many highlights. The tableau format allows friends to move together to shotput or long jump or any of the field events, where they either just enter in the events to get points for their house or depending on ability take the competition seriously. A highlight event for all students was the senior boys high jump where Charlie Moriaty (Y10) almost broke the longest standing school record. Then, that afternoon we held the third parent teacher night for the year. An interesting change brought about by COVID and I suppose the build, is that instead of face to face parent teacher nights we now hold them via Zoom or phone. Many parents have indicated to me that they prefer this approach as it is less disruptive to the family and work life.

On the first day back for Term 2, all Year 12 received their Semester 1 reports. I was very impressed with these reports as they reflected the engaged and dedicated approach our senior students are displaying in their HSC year. While most years attended the Athletics Carnival, Year 12 had the opportunity for an immersion day with their teachers if they were doing a major work or an extension subject. Just to spend the day working on a

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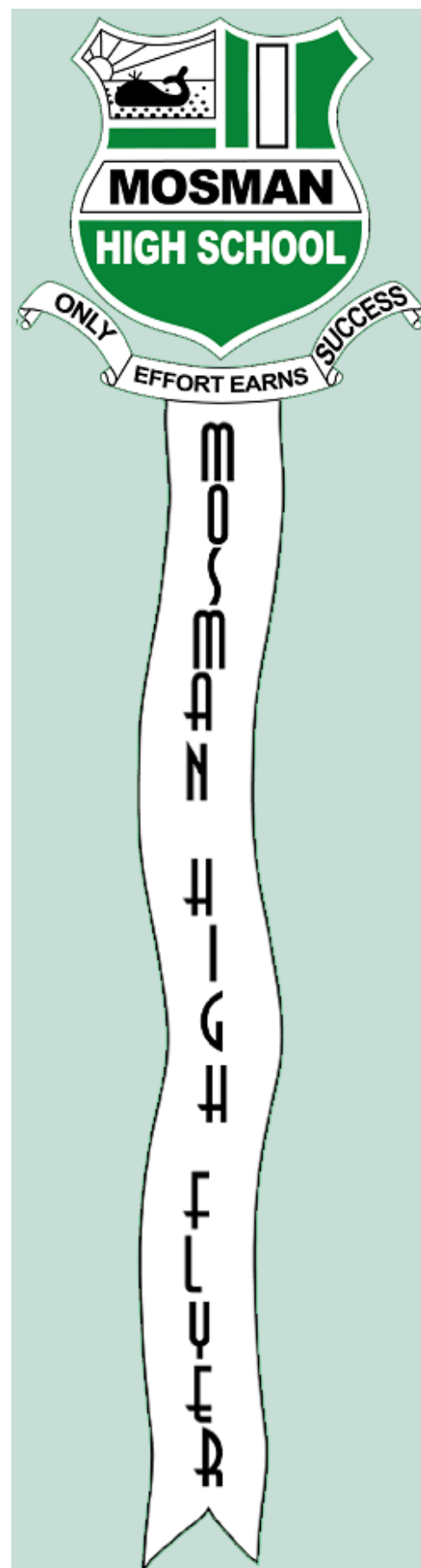
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P&C Meeting

Thursday
19 May
7-9pm

In Mosman RSC

All Welcome



May 2022
VOLUME 30 ISSUE 3

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major art work or Industrial Technology project was really valued by our students. Not sure that I could spend the whole day immersed in extension 2 mathematics but it seemed to work, in fact quite a few of the Year 12 students asked if they could have a second immersion day!

Throughout the term students will be participating in assessments and teachers will be writing Semester 1 reports. The assessments include both school assessments and National standardised tests. Week 3 sees the commencement of online NAPLAN for Years 7 and 9. Thank you to Bernadette Smith and Fiona Ackerman for coordinating these tests. As the tests are online and the students can't use their own devices and due to the particular sequencing of the exams, the tests will occur over two weeks. We are fortunate to have so many computer laboratories to facilitate the testing. Then in week 4, Year 10 will sit their first formal exams for the year. Again, we are fortunate to have the Returned Servicemen's Club auditorium which we will be using for all major exams throughout 2022. This will be Year 10's first experience of having a Study Vacation or StuVac. This basically means that if a Year 10 student doesn't have an allocated exam they can remain at home to study. With only one formal exam in Year 11 before the Trial HSC exams in Year 12, this provides our students an opportunity to practise their exam techniques in a formal setting. Speaking of the Trial HSC, for the first time we will be running these exams at the end of Term 2, instead of early Term 3. As you know many of our students include major works or study Languages for the HSC and these all fall due in Term 3. By completing the trial exams earlier, it provides an opportunity for our students to focus on these actual HSC projects and exams.

Week 2 also saw our Year 7 students off to camp at Broken Bay. The weather was perfect and a team of teachers including Stage 4 Head Teacher Bernadette Smith and Year 7 Advisers Bianca Shore and Jai Edwards ensured that the students had a great time. Despite changing from buses to the ferry and then the ferry to the bus no bags were misplaced and only an errant pillow was left at school. Year 11 will also be attending camp this term. As part of their preparation for the HSC, all Year 11 students must participate in the Life Ready program. This will be conducted through the Year 11 camp and we can only hope that the weather remains fine for them as

well.

Sporting competitions are in full swing with many of our Knock Out teams representing the school. We have had some wins and some losses, but the most important part of KO sport is being part of a team, improving sporting skills and of course taking leadership opportunities. We also have 23 teams playing in the Warringah basketball competition and recently all our futsal teams represented us at a gala day. In fact, all our extra-curricular programs including music and clubs are in full swing including a new art club and a new stitch and yarn club. As you can see Term 2 is a busy ... but hopefully enjoyable term!



Fun with Edible Insects!

Deputy Principals' Reports

FROM Colette Longley & Fiona Ackerman, Stage 6 Deputy Principals

YEAR 12 - SAVE YOUR DATES

Year 12s personalised HSC exam timetable is available from May. Students can access it by logging into their [Students Online](#) account. Each student has been sent their unique PIN via their DoE student portal. They can also view the following timetables online:

[Written exam timetable](#)

[Oral language exam timetable](#)

[Major projects advice and performance exam timetable](#).

Year 12 – Trials are this term starting 20 June

Study and exam resources

Over the coming weeks year 12 will be most likely starting and finishing another unit of work before the trials and then will shift to study mode about two weeks before the start of the exam period. The trials are only 6 weeks away. In a recent survey of year 12, they were asked what study skill areas they would like most support. Below is a list of resources and support material to help them over the coming weeks.

Review of [Past exam papers](#) which include marking guidelines and marker notes.

Links to [Syllabus pages](#) which contain:

- The course syllabus
- Course outcomes
- Assessment and reporting guidelines

Review of the [Glossary of key words](#) with some of the terms commonly used in exam questions.

A copy [HSC Study Guide](#) produced in past years in partnership with *The Sydney Morning Herald*.

Samples of multiple choice questions. A [Multiple choice quiz](#) helps you prepare for your HSC exams with multiple choice questions.

[Wellbeing resources](#) to help students stay healthy and manage stress in the lead up to exams.

Year 11 and Year 12 Cornell Note Taking

Year 12 may also need help in organising their notes from term 4 2021 to term 1 2022 (second semester). They should touch base with their mentor to check in on their effectiveness of their notetaking leading up to the exams. Year 12 have received their reports and year 11 have just received invaluable insights from teachers through phone conversations about how to improve their results through improved study skills. Most will have started a new unit of work and it is time for all stage 6 students to use their study periods to work on their note taking skills.

Effective note taking enables Year 11 and Year 12 students to focus on the most significant and relevant information and to understand and make connections with other resources. Students need to process what they read, think about the purpose for reading it and take note only what is important so that later it can be committed to memory. Here is a highly regarded note taking strategy which helps student to craft worthwhile notes at this stage of their learning.

<https://lsc.cornell.edu/how-to-study/taking-notes/cornell-note-taking-system/>

Check out the MHS sample template for PDHPE

<https://docs.google.com/document/d/1fP8iBD2-aE-8U4tjBTrxPtwpoc453bZwE4d95GzgVU0/edit?usp=sharing>

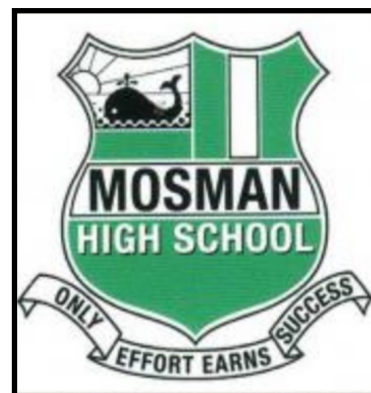
The stage 6 well being team thoroughly recommends the use of the Cornell note taking method.

Year 11 are on their way to camp

The Life Ready course is a mandatory 25 hour course designed to prepare senior students as they encounter situations related to health and safety as they become more independent and gain responsibilities. It focuses on offering opportunities for students to build their functional knowledge and skills for life post school.

This means that each year we send our students to camp and, in collaboration with NSW Sport and Recreation, implement a program that is relevant to our students. After two years of pandemic the benefits of camp and socialising with their peers cannot be underestimated. Time at camp provides learning and development opportunities to enable our students to remain connected or build or re-establish connections with each other and their teachers as well as to enjoy the advantages of sport and recreation, to develop new skills or pursue other interests that they may have never thought of doing.

Clearly two term is a very busy time for both year 11 and year 12. Please do not hesitate to ask your stage well being team and teachers for advice and guidance over the coming weeks.



Continued on page 4

FROM Tony Gahan, Stage 5 Deputy Principal

Examination Week Year 10

Starts 16th of May

Ends 20th of May

Students are to assemble at the COLA – **15 minutes** before the start of their examination. Students will be escorted by a teacher to the examination venue.

Examinations will be held at the Mosman RSC. Entry into the RSC, is not permitted without the presence of a teacher. Examinations will start on time and as such, late students will not gain entry, as staff will be running the examination.

Access student responsibility regarding assessment and failure to attend via the following link.

https://mosman-h.schools.nsw.gov.au/content/dam/doe/sws/schools/m/mosman-h/download-box/Year_10_2022_GUIDELINES.pdf

Page 50, must be submitted, when a student fails to attend an examination.

The examination timetable, can be accessed via the following link.

https://drive.google.com/file/d/1f-ZR4ekvh_LdQYqLwBDJXtesWX2eval8/view?usp=sharing

Students are not expected to attend school during the examination week, when they do not have an examination to sit.

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Emotional Blackmail

In the course of dealing with student wellbeing, I come across literature that in this case, I believe warrants sharing. The author **Karen Doll**, Psy.D., L.P. is a Consulting Psychologist based in Minneapolis, Minnesota. The entire article can be accessed by clicking the link at the end of my snippets.

Emotional blackmail is the process in which an individual makes demands and threats to manipulative another person to get what they want. It is a form of psychological abuse, causing damage to the victims. Their demands are often intended to control a victim's behavior through unhealthy ways.

Leaders in the field, Susan Forward and Donna Frazier identify the power dynamic that occurs in such manipulation. They suggest that emotional blackmailers employ a fear – emotion – guilt tactic to get what they want.

FOG is a term named by Forward, suggesting that fear, obligation, and guilt are the dynamics in emotional blackmail between the manipulator and the victim. The acronym FOG also accurately describes the confusion and lack of clarity and thinking that can occur in these interpersonal dynamics. Emotional blackmail can create a fog and contribute to feelings of fear, obligation, guilt, and anxiety.

Advice

Parents that are dealing with a child who engages in emotional blackmail can feel as though they are being held hostage. Addressing these behaviors as a parent is complicated and challenging. There is a range of severity in terms of the level of emotional blackmail kids can use with their parents. A common example may be a tantrum in the grocery store, where the parent, in an effort to avoid a scene and to escape the store will give in.

Once parents give in to this behavior, the cycle becomes reinforced. The child then learns what buttons to push in order to get what they want. They now know what to do in order to get the parent to give in. As kids get older, the behavior may shift into disrespectful attitudes and remarks as a teenager to try and control the parents.

Adolescents can learn techniques to manipulate their parents by expressing strong emotions. In his book *Declare Yourself*, John Narciso identifies these behavior patterns as “get my way techniques.” Adolescents, like adults, can identify triggers for their parents and use this knowledge to get what they want. An example of a button to push, is if the parent is sensitive to rejection. Teenagers can pick up on that and act in ways that spark fear in the parent that the teen does not like them. This can create guilt and fear in the parent, who then ends up

Another example is that they make threats to physically harm another sibling if the parents do not let them go out or do what they want. They may threaten to run away if they do not get their way. Making a threat to harm themselves is another severe example of emotional blackmail. In these situations, parents need psychological support and guidance on how to best navigate in a way that will keep everyone safe.

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FROM Tony Gahan, Stage 5 Deputy Principal

This Article Contains:

- The Meaning of Emotional Blackmail
- 15+ Examples of Emotional Blackmail
- How to Best Handle Emotional Blackmail
- How to Stop Emotional Blackmail in Relationships
- EB After a Break-Up
- Is It a Crime?
- Advice for Parents
- Where to Purchase Susan Forward's Book (+ eBook)
- 9 Quotes on the Topic
- A Take-Home Message
- References

https://docs.google.com/document/d/1EffRhXVsel2j0UfBi_fT_ubtKG6KWPUi/edit?usp=sharing&ouid=111586298004417670719&rtpof=true&sd=true

Through-out this year the stage 5 Wellbeing team will be catering to the many and varied needs of students. We are fortunate this year, to be running two RAISE programs, during term two and three.



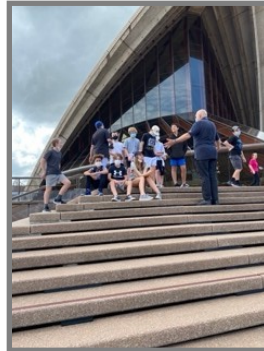
Youth Frontiers Mentoring Program

Congratulations to the 29 students who have begun their RAISE journey.

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FROM John Feros, Stage 4 Deputy Principal

Lot's happening for Yr. 7-8. Akoostikum saw some outstanding performances from our students. I really enjoyed the music ensembles and it was great to see talented Yr. 8 musicians in the Jazz band. We have another concert coming up mid -year and I encourage 7-8 to really get involved. Yr. 7 had a brilliant two days at the Opera House. We were the first school to be involved in the new Project Based Learning. Great to see students completing creative works. These will be presented at Grand Parent's Day later this term. Special thanks to Mrs. Smith and Miss Hardingham for organising such a worthwhile event. Cross- Country and Athletics carnivals passed and by all accounts some outstanding participants. The Year 7 Camp at Broken Bay was also a brilliant time for Year 7; the aim of the camp was to build social skills, engage in team building, get to know your peers all whilst having fun! What's not to like ? What's next? Naplan. Good luck Yr. 7!



The past term was challenging and the calendar was packed full of events and of course assessments. Navigating through all of this provides challenges and obstacles for students. Outside the classroom has provided some interesting scenarios. Some students are also a little more worried about themselves or maybe more protective of themselves and are forgetting empathy and compassion in their relationships with others.

At times some students have become less tolerant due to post lock down and not engaging in outlets such as sport, ensembles, music or even spending time with real people (Can I encourage everyone to get involved with activities and clubs at school). As a result of this intolerance, some students have reverted to uncharacteristic behaviour or cyber-bullying as a means to solve their problems. So I thought some information about cyber – bullying is timely, as social media influences so many students.

What is cyberbullying?

Cyberbullying is when someone uses the internet or social media to be mean to a young person so they feel bad or upset. It can happen on a social media site, game, app, or any other online or electronic service or platform. It can include: posts, comments, texts, messages, chats, livestreams, memes, images, videos and emails.

These are some examples of ways the internet can be used to make someone feel bad or upset:

- Sending hurtful messages about them.
- Sharing embarrassing photos or videos of them.
- Spreading nasty online gossip about them.
- Leaving them out online.
- Creating fake accounts in their name.



How to respond to cyber-bullying

The Department of Education's [Anti-bullying website](#) refers to cyber-bullying as the act of bullying behaviour using the internet or digital devices. It might include:

Teach young people to follow the following steps to reduce and prevent cyberbullying:

- don't reply or respond - bullies thrive on the reactions they get from their victims
- save the evidence - take screenshots of cyberbullying posts so that you can use them as evidence later
- tell a trusted adult - you do not need to deal with bullies by yourself, teachers and parents can help report cyberbullying - this could be to your school or in more serious cases to the police and the [Office of the eSafety Commissioner](#).



2022 Y12 Student Leadership Induction



Performing Arts News

FROM John Feros, Head Teacher Performing Arts

Welcome everyone to Term 2. This term is once again busy with lots of performance opportunities for our students. Our Music Ensemble program is in full swing now and can I encourage singers and musicians to join one of the many ensembles. We have a mid-year concert happening early next term, so start rehearsing now! Yr 12 are well into their HSC preparation and their performances are taking shape. They will showcase their work to gain valuable feedback from teachers and audiences. If you can make one of these evenings, please come along as you will see some outstanding work. Dates will be put on the school Calendar. Our first music concert Akoostikum was held at the end of last term. This was a great night with some memorable performances. I really loved the diversity in the acts performing. Special thanks to Mr White and his Entertainment team for 'running' a slick show. I would also like to thank the Mosman RSC for providing the venue. Speaking of venues, I was lucky to see plans for our new theatre. It is stunning! Our students will absolutely love performing in a professional space.

Picture of Dorian Gray

In Week one, Yr11-12 Drama students were fortunate enough to see The Picture of Dorian Gray at the Sydney Theatre Company. This one-person show sees Erin Norvill in an Olympic act of performance: nimbly shapeshifting to play all of the dark tale's 26 characters in an audacious cascade of theatrical transformations. A scintillating mix of cutting-edge contemporary theatre design, lush period drama, and astonishing live video. Talking to the students afterwards, they were enthralled by the staging and the wonderful presentation of character. Excursions like this will certainly help the students in their own work. Special thanks to Miss Hardingham for organising the excursion. Don't fret Drama students, Miss Hardingham has already booked shows for other years!



COVID Safety Plan

All students:

- may wear a mask when inside school buildings every day
- should regularly wash their hands with soap and use paper towel to dry
- should use the sanitiser placed around the school
- should use a RAT (Rapid Antigen Test) if displaying any symptoms
- should have a parent report to the school if the RAT is positive and stay at home in isolation for 7 days
- should use a RAT (Rapid Antigen Test) everyday for 7 days before coming to school and wear a mask at school if a close family member who lives at the same address tests positive
- should access your class's Google Classroom or The Learning Hub on the DoE website if you are well enough to keep up with school work

There will be from time to time a student who does have a positive RAT, the school will send a text message to all parents in the year cohort simply for parent monitoring purposes. If your child is unwell, with a sore throat, runny nose, a high temperature please keep them at home until they are well.

Year 7 Camp 2022

FROM Bernadette Smith, Stage 4 Head Teacher

Photographs never do justice to places of beauty and Broken Bay offered our students spectacular views across the Hawkesbury River and unspoilt bushland where wallabies grazed at sunset and birds (and students) called us to early morning rises.





We were very fortunate that the weather was kind and allowed us to participate in all our planned activities from bushwalks and damper making, to raft building as well as archery, boomerang throwing and indigenous games. Whilst some activities had to be cancelled due to recent flooding, innovative life skills were taught. On the beach, campfire lighting with flint, making shelters with driftwood and in the Recreation Hall towers of extraordinary heights built from crates fostered team building skills. Night life included some fun, exciting games, and Trivia night tested knowledge, with the teachers just able to score ahead of student teams. A huge thank you to our Year Advisors Bianca Shore and Jai Edwards who took on the mammoth task of organising and reorganising cabins so that all students were comfortable. Our very caring, dedicated team of teachers -Jai Edwards, Bianca Shore, Keith Hardy, Annie Lam, Julia Allan, Raffy Giulambaran, Joe Olchoway and myself as well as our SSO Hayley Rose, were on call night and day to ensure this camp was a success and their efforts were greatly appreciated. Of course a big thank you also to our office staff who worked so hard to make sure all calls and messages were addressed and payments were made to cover all costs. (If you still need to complete payments this can be done online. Your prompt payments are very much appreciated). The Year 7 students participated in all activities with unending enthusiasm and excitement. Where do they get all that energy from? There were many students who showed great leadership skills and generosity of spirit which made us all proud. A Year 7 camp to remember!

2022 MOSMAN HIGH MUSIC ENSEMBLES Rehearsal Schedule

	Room	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 7.45am	C1		Music Classes	MHS Jazz Ensemble (invitation only) Joern Harris	String Ensemble Ms Brownlee	
	C2		Music Classes			Symphonic Wind Orchestra (SWO) 7 - 12 Lyndal Perry
	C3		Percussion Ensemble Nic Cecire			
AFTERNOON		AFTERNOON		AFTERNOON		AFTERNOON
3.25pm	C1	Guitar Ensemble Gavin Libotte		Music classes	Jazz Jam Angus Gomm	Music classes
	C2	Choir Aija Draguns		Music classes		Music classes

Register to join an ensemble: www.mosmanhighmusic.com.au

 Mosmanhighmusic

 mosmanhighmusic@gmail.com

Languages Faculty 2022

FROM Jane Jackson, Teacher Languages

Education Perfect, is the on-line language learning tool that Mosman High uses to primarily help students build vocabulary. EP, as it is affectionately known, recently held the Education Perfect Languages Championship 2022 and the following students were successful in being awarded the following:

Henry Brown Year 8 – Bronze – studying French

Georgiana Brown Year 8 – Bronze – studying Italian

Rebecca Gilliland, Year 8 – Credit – studying Spanish

Félicitations! Congratulazioni! Felicidades!

ITALIAN NEWS

Congratulations are in order for **Antonio Revere** (Class of 2021) who was a recipient of the 2021 Marco Polo Award for Excellence in Italian Language and Culture in NSW Schools. The award supports the quality of teaching and learning of Italian across schools in NSW, by recognising and encouraging the further academic proficiency and study of Italian language and culture in NSW. Students chosen for this award are commended for their contribution to Italian language and cultural studies. Antonio was recognised as having been a *'committed student of Italian throughout his secondary schooling. He demonstrated exceptional respect for Italian heritage and culture while exhibiting the key characteristics of a mature and passionate student. Antonio's merits in learning Italian are recognised by the leaders of Mosman High School and he remains an esteemed and highly valued member of the community.'*

Congratulazioni Antonio!



A new and super exciting initiative for Languages is starting in Week 4. A 'ciné-club', that is, a film club will make its début! The club will run after school on a Thursday from 3:30 – 4:30 p.m. Students will also be informed about this via the daily bulletin and will be able to join a Google Classroom to keep up to date with all the latest film club news. The plan is to show films in Chinese, French, Italian, Japanese and Spanish. A film should be able to be watched start to finish on two consecutive Thursdays. We are looking forward to students being able to review and recommend foreign language films to the Mosman High community!

If your child is in Year 12 and studying a language, you may be interested to know that the timetable for the Speaking component of the HSC has been published and is available via the following link ...

<https://educationstandards.nsw.edu.au/wps/portal/nesa/11-12/hsc/key-dates-exam-timetables/hsc-languages-oral-examinations>

And lastly, in Week 2, Term 2 Year 9 French enjoyed brunch at the local French 'crêperie', Four Frogs. We were fortunate to have a French 'serveuse' (waitress) so the students were able to practise ordering food and drinks in French. Not to mention the delicious crêpes.

Miam!



Student Stars

In the zone!!

On the 27th of March Seb Topping from Yr.8 competed in the ACT/NSW state series Round 2 at Tuggerangong Canberra BMX club. According to Seb, track conditions were very good and the overall feel of the event was good. His heats on Sunday weren't the best but managed to squeeze his way into the final. In the final, he had a brilliant gate start. Was a pretty smooth run down the track and didn't have many battles. It went really well and he took away the 5th position. Pretty impressive! Seb is one to watch; an Olympic dream is down the 'track'.



Harry Deitz Yr 7 competed in the CHS Sydney North Golf qualifiers were played last Friday at Shelly Beach Golf Club on the Central Coast. There were 24 players overall, competing for 8 spots in the Sydney North team (4 boys and 4 girls). The 4 lowest scores make the team.

Harry's Golf Australia handicap is currently at 5.6. Harry shot 11 over on the day which was a great effort considering how long the course is. Harry was pleased with his effort and finished in the 8th spot.

The top 4 boys that qualified were all extremely good players from senior school years 10/11/12, and the cutoff to make the team was 2 over, which gives Harry an idea of where he needs to aim to make the team in the coming years.

Harry thoroughly enjoyed competing within the CHS group, representing Mosman High. Harry aims to continue developing his golf skills and looks forward to competing at the CHS golf event next year.

Harry's next event is at the Jack Newton Junior Golf MacArthur Masters in June.



The 2022 NSW Government Schools International Student Awards for student Leadership was awarded to Yimei Zhao Yr 12 2021. Yimei was one of three finalists chosen across the State. This prestigious award is given in recognition of student Leadership both within the school and local community. Yimei was unable to be at the ceremony as she is studying Medicine at a Queensland University but she was able to zoom into the event held at the Museum of Contemporary Art Australia on Thursday 28 April 2022.



This award was well deserved and gave passion and expertise in developing programs projects to enhance sustainable practices. Her dedication to fundraising to support 18 LGBTQ communities has seen numerous functions that not only raise funds but also raise awareness of the need to support diversity in young people. Her dedication in providing support for our international students in a new learning environment is exemplary and includes improving Buddy programs, welcome morning teas to creating a user-friendly school website. This new initiative has been organised under the guidance and leadership of Yimei enabling more international students' opportunities to participate actively in school activities as well as connecting them to the wider community. Yimei's dedication to community projects has been further demonstrated when she represented our school in many different forums and was held in high esteem in meetings with Mosman Mayor, the 'zero emission team' and Zali Steggle's "Youth Ambassador Team" and on a very practical level she has worked as leader Memory Park community garden which is an educational based community garden. Her compassionate and generous nature has had a positive impact within our school and community.

The work initiated by Yimei is now being fostered by our new international students by Jessica Chen Yr 12, Sophia Sheng Yr 11 and Michael Li Yr 10. These wonderful students have already hosted a very successful lunchtime gathering for Stage 5 and Stage 6 International students in Term 1 and will be hosting further meetings and lunchtime sessions in Term 2 for Stage 4 students.

recognition to Yimei who has contributed her time, that support the community and environmental

Student Stars

CHS U18 Champions

Solomona Heka Year 12 competed in the CHS State Rugby Tournament at the end of April in Coffs Harbour and his team Sydney North East won the state championship.

Congratulations Solomona!



CHS State Swimming

Finn Bethell Yr 10 competed at the CHS State Swimming Championships last week and was placed 3rd in the 16 Years 100 m Butterfly and 6th in the 16 Years 200m Freestyle.
Congratulations Finn!

Grade 8 Saxophone

Josefine Orrenius Yr 12 received her 8th grade Saxophone exam results and earned a well deserved A+ High Distinction.

Congratulations Josefine!

Solo Vocal Camp 2022

Ruby Lafferty Yr 11 has been successfully accepted into the 2022 Solo Vocal Camp at the Wollongong Surf Leisure Resort from Sunday 22 May to Thursday 26 May 2022.

Congratulations Ruby!

Cadet Flight Sergeant

Shreeya Singh Yr 12 was promoted in her squadron to Cadet Flight Sergeant in Australian Airforce Cadet.

Congratulations Shreeya!

• Updated: CSgt (Actual) to CFSgt (Actual)
Reason: Substantive Promotion
Effective: 11 Mar 2022
Comment: CSgt Singh has shown an exemplary work ethic undertaking all task assigned to her in a timely and professional manner. CSgt Singh has also shown excellent skills in being a senior leader of cadets, participating and running many SQN activities and leading by example. I therefore proposed that CSgt Singh be promoted to CFSgt as she has shown herself to be an outstanding standout, and senior cadet leader, and deserves our recognition of her hard work over very trying times. Congrats CSgt Singh.

Reason: CSgt Singh has shown an exemplary work ethic undertaking all tasks assigned to her in a timely and professional manner. CSgt Singh has met all the required criteria that is needed of a CFSgt. CSgt Singh has shown excellent skills in being a senior leader of cadets, participating and running many SQN activities and leading by example. I therefore confirm that CSgt Singh is to be promoted to CFSgt, as she has shown herself to be an outstanding standout, and senior cadet leader. She deserves our recognition of her hard work over very trying times. Congrats CSgt Singh.



NSW Optimist State Champion

Over this past weekend Will Wilkinson Yr 9 competed in the NSW Optimist State Sailing Championship on Pittwater. In an open fleet of over 50 boats, from all over the country, Will won and is the NSW State Champion!
Will has been selected to represent Australia in the 2022 Optimist World championships in Turkey later this year.

Congratulations Will!



Visual Arts 2022

FROM Fiona Ackerman, Head Teacher Visual Arts

Mosman Youth Art Prize 2022 - Mosman Art Gallery 14th May - 12 June

Every year the Mosman Art Gallery hosts the *Mosman Youth Art Prize*, one of our country's most prestigious national youth art competitions.

The exhibition showcases the talented work of young and emerging artists, aged between 12 to 21. The artists are able to submit artworks in a variety of media including: painting, sculpture, drawing, printmaking, video, photography and ceramics. We have had many successful winners and entries over the past years, and very excitingly, this year is without exception. Be sure to visit the gallery and view the wonderful artworks from our school community.

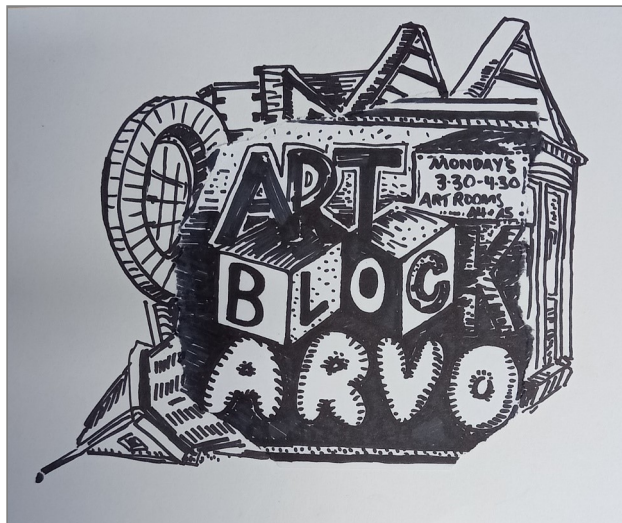
The following current and former Mosman High School students were successful with their art entries for this year's 2022 competition:

Gerardo Barrios, Jackson Brown, Salma Catanho, Sienna Charlton, Luke Ellicott, Anderson Guo, Heidi Hodges, Dylan Horner, Philip Jancik, Eva Jardim, Tess Lindsay, Kiah Ratcliffe, Beatrice Robinson, Jasper Sewell, Kaito Shima, Leah Simpson, Emma Simpon, Nicole Yang, Andy Zhang & Tony Zhang

"ART BLOCK ARVO"

We are starting a new club here at Mosman! Every Monday afternoon, from 3:30pm to 4:30pm, in the Art Rooms 4 & 5, we will be holding our student art club called "Art Block Arvo".

It will be a relaxed space where you can enjoy making your own art. All students of all abilities and ages are welcome. Please see Mr Edwards for further details.



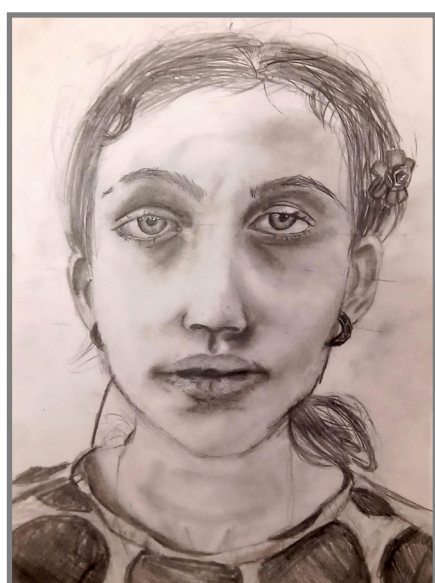
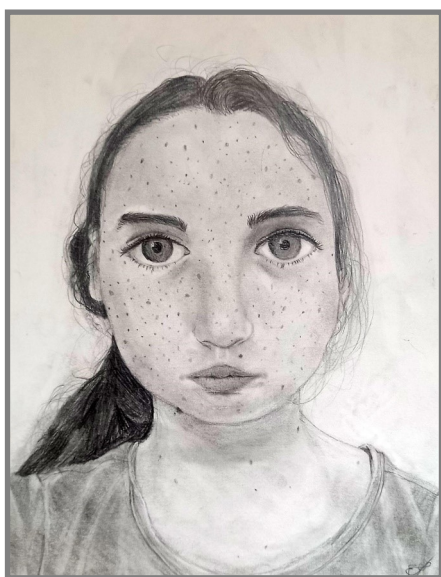
Continued on page 14

Visual Arts 2022

FROM Fiona Ackerman, Head Teacher Visual Arts

In Term One, we have had a typically busy but also a very productive and successful start to the year. Ranging from Year 7 through to Year 11, below are some of the many wonderful student 2-D and 3-D artworks that have been created within their first units of work.

Year 7VA Term One Unit: "Selfies, Self-Portraiture and the Wild Thing in Art"
Self-Portrait Lead Pencil Tonal Drawing on Paper



Continued on page 15

Visual Arts 2022

FROM Fiona Ackerman, Head Teacher Visual Arts

Year 8VA Term One Unit: "Suburbia 2088"
Mixed Media Illustration on A3 Watercolour Paper

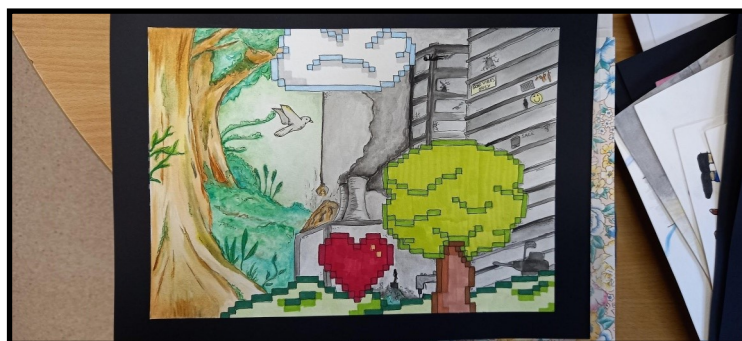


Continued on page 16

Visual Arts 2022

FROM Fiona Ackerman, Head Teacher Visual Arts

Year 9VA Term One Unit: "Slave to the Screen"



Year 10VA Term One Unit: "Beyond Beliefs"

Mixed Media "Herald" Illustration on Watercolour Paper & Mixed Media Media Sculptures

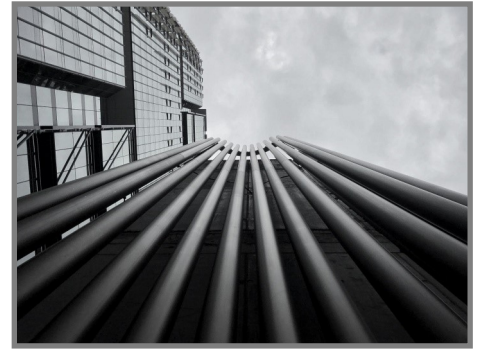
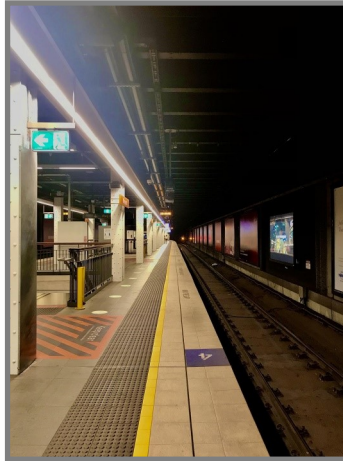


Continued on page 17

Visual Arts 2022

FROM Fiona Ackerman, Head Teacher Visual Arts

Year 10 Photography Term One Unit: "Urban and Line"
Digital Photography



Year 11 Term One Unit: "Cockatoo Island"
Mixed Media on Concertina A5 Booklet



Continued on page 18

Visual Arts 2022

FROM Fiona Ackerman, Head Teacher Visual Arts

Student Reflection, Elsa McNamara

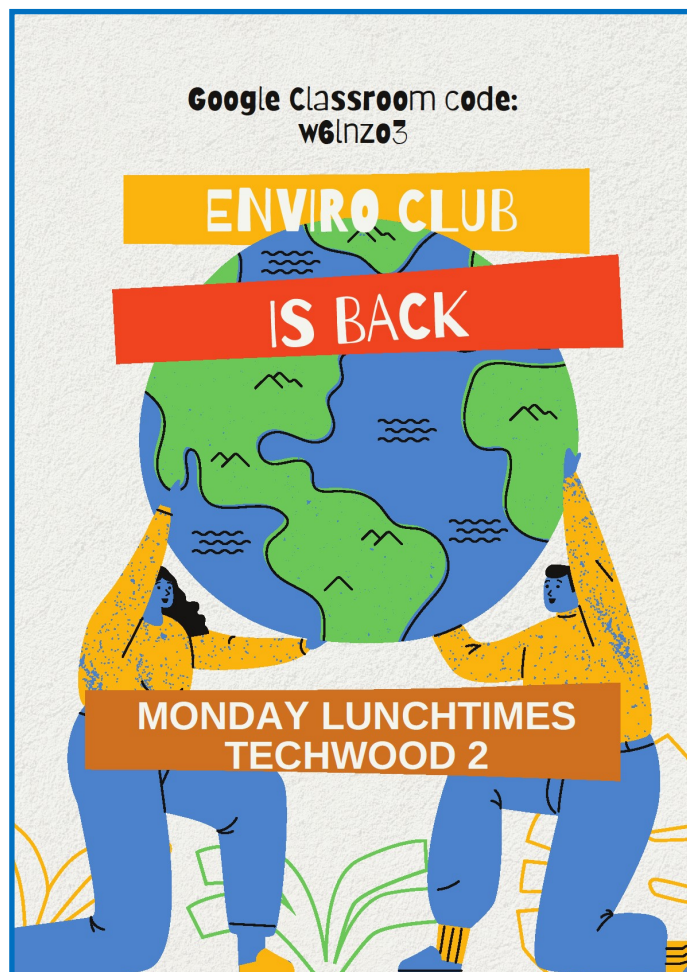
My Experience on Cockatoo Island...

To begin with, the ferry ride there was beautiful. The weather was rainy and gloomy in ways, but I felt it matched the mood of Cockatoo Island well. I was met by a great big sign welcoming me onto the Island, and immediately I was exposed to the huge area of levelled land below the higher land area. Immediately there were beautiful old, construction-like buildings to take pictures of. Some friends and I collectively walked through the huge building with all different sorts of manufacturing utensils. Then I split off with Peppa and we looked around the water, where we found a submarine, an abandoned bathroom, and an interesting mine that looked like it extended for kilometers. Walking around the Island was really illuminating in ways I would never have imagined. I never expected to find the historic artifacts that I did, prison chambers, gardens, ships, etc.

The whole island had a disjointed feeling to reality, it was almost as if it was a microcosm of some dystopian world that didn't really exist. This was somewhat because of the rainy weather, but also because of how separated from the city and the world around me that I felt whilst on the Island. Although the Island was filled with liminal space, it wasn't anything other than comforting and intriguing to explore.

I really enjoyed observing how mood and tone can be captured from such seemingly superficial and structurally complex buildings. It really felt like a place for you to learn about the importance of perspective, where some buildings were so grand you felt like an ant. I hope to replicate the feelings of insignificance i felt in the scheme of the Island, and yet how it was also a place of memories and comfort with my closest friends.

To conclude, the exploration and freedom I felt on the island was juxtaposed with the substantial beauty of isolation that brought on feelings of insignificance. Ultimately, it was a trip I gained a lot from.





FROM Deborah Mulhall, Librarian

NAPLAN in the Library

As we are all aware, space is at a premium at Mosman High. The Library computer space has been co-opted for NAPLAN assessments so during those days, seniors on study periods will need to use “empty” classrooms. A list of such rooms is available on the Library window. It also means the Library will be closed at recess and lunch on the days of NAPLAN testing.

A focus on current publications.

Mosman High Library prides itself on resources which are recent, relevant and meaningful. There have been substantial changes in many subject areas over the past couple of years and the Library is busily updating material to reflect and support the new subject areas. All our senior study guides are new publications for various subjects.

Additionally, it is the job of the Library to provide various viewpoints on what may be considered current social issues; such as *On Series*, written by contemporary journalists and reflecting on current affairs.

A reminder to look at INFOBASE when researching!

I mentioned in previous Highflyer that Mosman High Library has subscribed to Infobase. These are comprehensive, subject-specific databases, written by experts and vetted by editors, with information not available on Google. And not a Wikipedia entry in sight!

Students may access the database from home as well as school!

The basic address is <https://online.infobaselearning.com/> and then log in with

User ID: Mosmanhs

Password: Library

Mosman High School P&C Wellbeing committee meets up the second Thursday of the month. Next meeting **Thursday 12th May 6pm** and all parents are welcome.

Upcoming event in June, **Ysafe** is visiting Mosman High school and will educate us in **Cyber safety**.

Ysafe is Australia's leading provider of cyber safety education. They are known for their eclectic team of **child psychologists, ex-police officers and teachers** who specialise in cyber safety. Topic that they will talk about is cyber bullying, nudes & the law, online wellbeing & screen time, and Digital footprint & online reputation

Monday 13th of June for students

Thursday 16th of June for parents

“The future belongs to those who believe in the beauty of their dreams” – Eleanor Roosevelt

CALENDAR OF EVENTS

TERM 2 2022

Monday 16 May

Yrs 7/9 NAPLAN online
Yr 10 Stuvac Week
P&C Art Committee Meeting 6-7pm

Tuesday 17 May

Yrs 7/9 NAPLAN online
Yr 10 Stuvac Week
P&C Music Committee Meeting 7-8pm

Wednesday 18 May

Yrs 7/9 NAPLAN online
Yr 10 Stuvac Week
Yr 11 'Life Ready Camp' - Broken Bay Sport & Recreation Centre

Thursday 19 May

Yrs 7/9 NAPLAN online
Yr 10 Stuvac Week
Yr 11 'Life Ready Camp' - Broken Bay Sport & Recreation Centre
P&C Meeting 7-9pm

Friday 20 May

Yrs 7/9 NAPLAN online
Yr 10 Stuvac Week
Yr 11 'Life Ready Camp' - Broken Bay Sport & Recreation Centre

Monday 30 May

Zone Cross Country Carnival
Yr 7 Grandparents' Day

Friday 3 June

Zone Athletics Carnival

Tuesday 7 May

P&C Sports Committee Meeting 7-8pm

Wednesday 8 May

Yr 10 for Yr 11 Subject Selection
Information Evening for Parents & Students

Thursday 9 June

P&C Wellbeing Committee Meeting
6pm - 8pm

Monday 13 June

Queen's Birthday Holiday

Tuesday 14 June

Yr 10 Interviews Week
Yr 8 Parent Teacher
Yr 11 HSC D&T Trial Exam
P&C Art Committee Meeting 6-7pm

Wednesday 15 June

Yr 10 Interviews Week
Yr 10 for Yr 11 Subject Selection - Online Form Due

Thursday 16 June

Yr 10 Interviews Week
Yr 12 Trial HSC 2022

Friday 17 June

Yr 10 Interviews Week
Yr 12 Trial HSC 2022

Dates are correct at time of printing and may be subject to change.

**MOSMAN
HIGH SCHOOL**

**ATTENDANCE
LINE**

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