A school community fostering creativity, individuality and leadership while striving for excellence in teaching and learning.

# Sustainability at Mosman

### FROM Susan Wyatt, The Principal

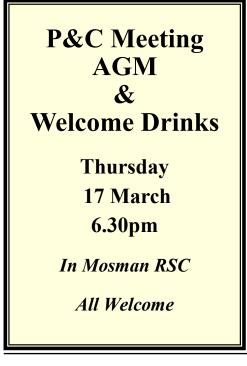
#### Fantastic things happening despite the rain!

What a start to the school year, with it seems non-stop rain for the past two months. However, it has not dampened the enthusiasm of students, staff and parents within our school and lots of fantastic events have still gone ahead.

Years 10, 11 and 12 all met with Paul Dillon from DARTA. Paul is highly regarded by our students who value his messages including looking after each other when at 'gatherings'. We were all pleased with the number of parents who came to the evening session. If you remember that Tuesday night, there was torrential rain and Military Road looked more like a river than a road.

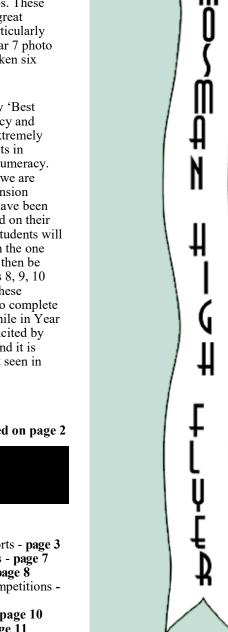
The swimming carnival was another success and luckily the rain held off on that day. Year 7, 8, 9 and 10 competitors were fantastic and we will have a strong swim team to send to zone. The cheer squads also did a great job supporting the swimmers. Thank you to all staff, parents and students involved.

School photos were completed without a hitch and so all students from Year 7 to



Year 12 will receive either a new swipe card or a replacement swipe card. We are hoping that those cards arrive shortly. Despite not having a hall we managed to have the Year 7 students and  $\breve{Y}ear 12$  students participate in group photos. These group photos are always great memories to keep and particularly when we compare the Year 7 photo with the Year 12 photo taken six years later 😳

Year 7 completed an early 'Best Start' assessment in literacy and numeracy and we were extremely impressed with their results in literacy and particularly numeracy. For the first time in 2022 we are running an academic extension program where students have been selected to that class based on their numeracy ability. These students will complete Years 7 and 8 in the one year for mathematics and then be accelerated through Years 8, 9, 10 and 11. This will enable these talented mathematicians to complete advanced mathematics while in Year 11. The maths staff are excited by this innovative program and it is definitely an initiative not seen in many schools.



**March 2022 VOLUME 30 ISSUE 2** 

MOSMAN

**HIGH SCHOOL** 

EFFORT EARNS

ONIS

### Continued on page 2

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#### **Continued from page 1**

The wonderful P&C Art Committee have worked tirelessly to create the second Mosman Art Walk. Over thirty retail outlets on Military Road are showing in their window a fabulous piece of art or sculpture. These art works have been provided by some of Australia's leading artists and 25% of the sale proceeds will be used to support our talented art students. There is only one week to go, so I encourage you, if you are in the village, to look at the art work, the committee have placed a sticker on the pavement alerting you to where the works are located. You can purchase the work online and there is a OR code next to the art work that facilitates this ... it is definitely going to a good cause. Speaking of talent, our art staff have taken digitised photos of student works and had them placed onto a 10m by 2m rubberised banner. Dividing the school from the build is a white hoarding. This banner is the first of seven banners to be placed on the hoarding and will be a permanent art gallery of our students work. This creative initiative was developed by our Head of Art, Fiona Ackerman and Head Teacher Teaching and Learning, Jessica McCarthy.

Thank you to the hundreds of families that participated in the Parent Forums. The three Stage wellbeing teams were thrilled to see you and hoped that their discussion and the Q&A after will support your student moving forward. Don't hesitate to ring or email members of the team if you need to communicate something about your child or if you have a concern.

The 'ELEVATE' study skills team have now met with almost every year group. We commenced this initiative a few years ago and so each year has a member of the ELEVATE team come to their class and explain age appropriate methods of studying. Each year builds on the previous year and so by the time the students reach Year 12 they have had many years of the program culminating in 'Ace your exams".

Year 10 will all participate in the 'HSC Minimum Standards' test to determine their literacy and numeracy skills. For students to receive an HSC they must pass these minimum standards. The test is online and will take place in the library of the week commencing 7 March. In all the years this requirement has been in place all Mosman High students have been successful prior to the HSC. If students are unsuccessful in their first sitting they can repeat the test on numerous occasions. The school also employs literacy and numeracy consultants to support our students.

Well, we are half way through Term 1 and there are a number of events still to occur. The welcome evening for Year 7 parents as well as new parents in other years will take place on 17 March on the top floor of the Return Servicemen's Club at 7.00 pm. It will be an opportunity to meet teachers and other parents from your child's class. The cross-country carnival for Years 7-10 will take place in the last week of term during sport times and our ANZAC Day ceremony will take place on the last day of term. There are of course lots of excursions taking place, our music ensembles are back and Akoosticum (the term 1 unplugged music concert) will be happening. Our representative sporting teams have started the semester one season of competition and we wish all our basketball teams and futsal teams the best of luck.

Finally COVID is still in the community so please keep testing your child and if the test is positive then they must isolate for seven days as must any other household members. Stay safe and well!



2021 Year 12 Artwork on display







# **Deputy Principals' Reports**

## FROM Colette Longley & Fiona Ackerman, Stage 6 Deputy Principals

At the end of Term 1 is assessment time for year 11 and year 12. To check up on the weeks ahead assessments schedule for your student, go to the MHS website and check the calendar for your student's year group assessment dates. In the two weeks leading up to the assessment, your student has received notice of what is being assessed and how the assessment contributes to a final mark.

#### Tip 1 # Assessment action plan

An assessment action plan means that all your student's subjects are reviewed and planning involves finding enough preparation time on the subjects that really need attention prior to due dates. The plan will work best if it's a bit fluid as there will always be things beyond your student's control. It's OK if you can't find time at home for everything that needs to be done. Keep in mind most senior students have approximately 8 one hour study periods to do some additional work on assessments at school. It may mean that you sit down with your student to come into school for a study period at the start of the day or stay at school for a study periods at the end of a school day. At this time there is a shift from class work to assessment preparation.

Always include time for self-care and positive activities to give breaks such as exercise, mindfulness, sport, music and relaxation in the action plan.

A parent's role is to support your student with priorities and key goals they want to achieve in each study session. This is the time past note-making should come into play. This is work previously done during times when assessment pressures are not in play. If that hasn't occurred flow charts and diagrams will help your student visualise the areas the assessment is targeting.

The students received a study plan template through their ELEVATE sessions. You can also go online (to ELEVATE) if you need to, or make one from timetables you already use. Encourage like-minded study groups to form and meet. They are a great way of getting peer support and sharing the workload.

# Tip # 2 Practise skills and technique being assessed

It's great to know your subject but it's also important to train for the skills being assessed e.g. multiple choice, short answer responses, extended answer graphing etc.

Use old exam papers and practise sections of HSC papers on the topics being assessed. This gives vital training in how to formulate your answers and work with the exam format. A timer should be used and encourage within a set time as notified on the assessment notice. Most assessments are approximately 50 minutes. A common error in an assessment is to spend too long on an introduction, first question, planning and then not enough time on the final task that may have been allocated the greatest number of marks.

Visit NESA to find past papers. You'll also find the guidelines used by markers, plus sample answers with markers' feedback.

#### Tip #3: Reach out to teachers

Niggling doubts in your mind about how your child is studying? Encourage your student to ask questions in class or check in with the teacher. They should check in with their teachers by showing them their notes and where they have been focusing their preparation and so they can get their feedback they are on the right track.

It's a good idea to get teachers' support right up until the actual assessment day. They are the experts on the curriculum and the way responses will be assessed. So if your student is confused about what's needed for an assessment or how best to direct the plan, it's always better to ask.

A student can reach out to teachers by making a time to meet with them, approaching them directly or through online platforms such as google classroom or whatever way makes them feel comfortable.

# Tip #4 - Practise and learn from your mistakes

It doesn't matter if your student doesn't always do well in assessments. What matters is how they learn from mistakes made and how to do things in a slightly different way. Encourage them to keep practising over and over, identify weaknesses and figure out how to improve them. Think of assessment as the practice run for the HSC. The HSC is about showing you understand the concepts and preparation.

#### Tip #5: Look after them

Both mental and physical health is really important. Make sure they do plenty of exercise, which will make them feel good about themselves and also fire up brain cells.

Exercise doesn't have to be a sport. Just going for a long walk and listening to music will really help. So will eating healthily and drinking lots of water. Music can help calm and alleviate stress. You may want to check out meditation or yoga or other calming techniques, like stretching and do them with your child.

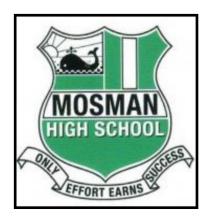
If you are concerned about your child's well-being please contact the well-being team:

Year advisers - Daniel Wood and Ayako Hirata (year 11) or Reece Watson and Sally Mock (year 12).

Stage Head Teacher -Clint Johnson (years 11 and year 12)

Deputy Principals (Stage 6) - Colette Longley and Fiona Ackerman

School Counsellor - Christina Tantalos



## FROM Tony Gahan, Stage 5 Deputy Principal

Well, here we are at week 6 and I am glad to say that the students have embraced the Covid rules and we have had very few students in isolation. As such, school has returned to normal, thus far.

Thank you, to those parents and carers who were able to join our parent forum. The Zoom chat line, fostered a good Q & A session and I also took the opportunity to familiarise those attending with our web calendar. The importance of parents and carers assisting their child to reach their educational potential by being aware of the assessment tasks and the due by date, was emphasised. In particular, the links attached to the first Saturday and Sunday of every term. Term planners, study schedules and exemplars can be found, here.

Sat	Sun	
Feb 5	Feb 6	
2022 School Planner 🏳 %	Weekly Planner Senior wk A and B $\square $	
Calendar Assessment Yr 7 Colour Coded 🏳 %	How to use School Term Planner $\wp \bowtie \%$	
	Weekly Planner Junior Wk A 💭 🏳 %	
	Weekly Planner Junior Wk B 🔎 🏳 🗞	
	Study Planner Guidelines - Elevate	

.....

<u>Yr 9 Ski Camp</u> is booked from Sunday the  $21^{st}$  of August until Friday the  $26^{th}$  of August, 2022. All information pertaining to the ski camp is provided in the link below.

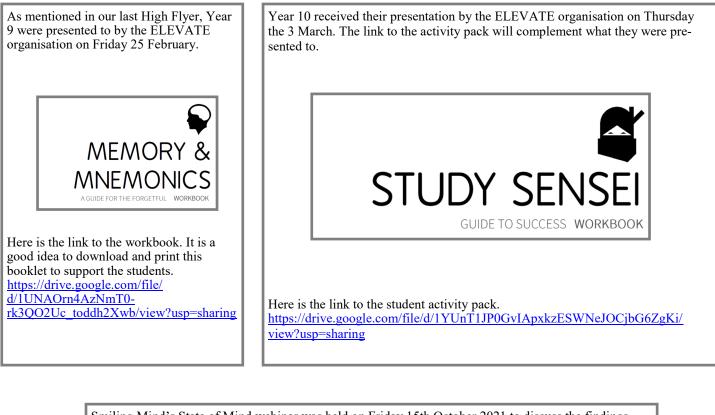
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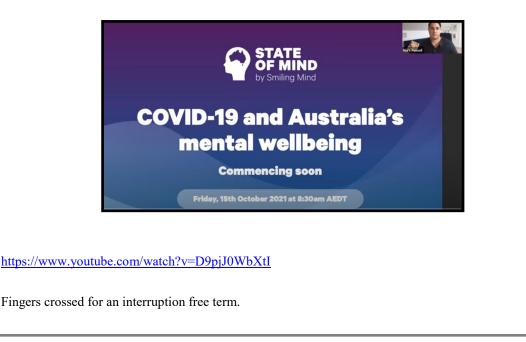
<u>Yr 10 Ski Camp</u> is booked from Sunday the  $11^{\text{th}}$  of September until Friday the  $23^{\text{rd}}$  of September. New students are welcome to join those who have already paid last year. An information package will be sent, as soon as the details around the roll over from 2021 payments are finalised.



## FROM Tony Gahan, Stage 5 Deputy Principal



Smiling Mind's State of Mind webinar was held on Friday 15th October 2021 to discuss the findings from the State of Mind Report. The session heard opinions, analysis and future projections from Australia's leading mental health professionals and policy makers, discussing where the mental health system has thrived and been tested, how Australian communities have responded, and where we need to focus our attention in the future. Cut and paste the link below, I guarantee that you will take something away from this forum.

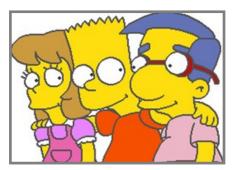


## FROM John Feros, Stage 4 Deputy Principal

Can school get any busier? It is halfway through Term 1 and there seems to be something happening weekly for Year 7 and 8. The Swimming Carnival was such a great day and hey, we beat the rain! Good to see students competing or supporting each other from the stands; there such a communal vibe.

Best Start was completed with students achieving some great results. Vaccinations came and went so smoothly. In between all of the events, both Year groups have settled into their classes and routines. At the recent Parent Forum, there were some excellent tips to assist your students at school. Using the calendar on the school website is extremely useful, so you can see what events and assessments are coming up. You can also find a planner there as well.

With Year 7 coming into high school, one of the early concerns is friendship. Developing friendships is something that is ongoing, and it is something that needs work! I did use this article in a previous Hi Flyer, but it is always relevant in Stage 4.



#### Where do I fit in?

Friends – that feeling of being a part of something. Belonging promotes positive mental health, physical wellbeing and a better focus on learning. Friendships with other students can give children a sense of belonging and a greater connection to their school. For some students, building a sense of belonging can happen in other ways.

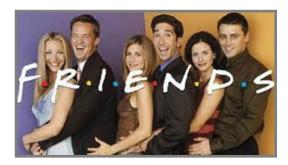
Friendships help children develop their social skills. Children who develop <u>life skills</u>, such as how to work with other people and manage conflict, are less likely to have social and emotional difficulties later in life. Building resilience is so important. Having positive friendships helps make school a fun and supportive place to be. As children get older, social situations can get more challenging and test and grow their social skills. Managing these interactions is an important learning experience, but it's important to watch for when such social challenges impact on your child's wellbeing, when they might need guidance and support to manage those challenges is a positive way, and also if they know when to seek help. At school we have a fantastic, supportive network of Year Advisers, Stage Head Teachers, Counsellor and Deputy to offer support.

### Friendships are always changing

Every child is different and will have different friendship needs. Students tend to change friends often and may play with children because of shared circumstances such as living nearby, being in the same class, sharing the same interests or having parents who are friends. Over time, their friendships will become more stable as they form deeper connections with kids who share interests, values, or loyalty with, and feel safe to talk to about their feelings and thoughts. By this age, children can be concerned with fitting in and being the same as others. These connections can become friendships that last despite being in different classes.

As children mature and enter the teen years, they tend to seek out friends who make them feel secure and give them love and acceptance at a time in their lives when the need to belong is paramount. As they go through the many physical and emotional changes that come with the teen years, the intimacy and trust between friends increases. Some young people may seek lots of less substantial friendships while others will prefer to form a small number of deeper attachments. It's all part of young people exploring who they are so it's important to give them freedom they need to develop friendships that feel socially safe and right to them. It's alright to have more than one friendship group. It's quite common for groups to change, it is Ok to have a disagreement with a friend and then move on and then come back! It is all part of a school journey. If a certain group of '*Friends*' can stay together for twenty years, I'm sure that the friendship groups that we establish at school can also endure!

### Download tip sheet: Common friendship problems



# **Performing Arts News**

## FROM John Feros, Head Teacher Performing Arts

Performing Arts students are all creating and rehearsing material and are looking forward to finally having some public performances. We are really fortunate to have the use of Returned Services Club as a venue and Drama and Music will use this venue for upcoming performances. Our first music concert Akoostikum will be on Wednesday March 30. Tour music this concert is a concert that is semi acoustic. On show will be some of or music ensembles and some amazing singers and musicians. Starting at 7pm, tickets will be on sale at the door. If students are interested in performing, audition forms are available from the Performing Arts staffroom.

Check the calendar and make sure you get along and see some incredible talent!



# **COVID Safety Plan**

All students:

- may wear a mask when inside school buildings every day
- should regularly wash their hands with soap and use paper towel to dry
- should use the sanitiser placed around the school
- should use a RAT (Rapid Antigen Test) if displaying any symptoms
- should have a parent report to the school if the RAT is positive and stay at home in isolation for 7 days
- should stay at home for 7 days if a close family member who lives at the same address tests positive
- should access your class's Google Classroom or The Learning Hub on the DoE website if you are well enough to keep up with school work

There will be from time to time a student who does have a positive RAT, the school will send a text message to all parents in the year cohort simply for parent monitoring purposes. If your child is unwell, with a sore throat, runny nose, a high temperature please keep them at home until they are well.

# **English Faculty 2022**

### FROM Catharine Simmonds, Head Teacher English

Our English students at Mosman High School are well into their first units of the Year. Year 7s have been exploring how to use imagery and develop characterisation in their creative writing unit *People and Place*, Year 8s have been analysing alternative narrative structures in their short story unit *Twisted Tales*, Year 9s have been looking at conflict and love in *Romeo and Juliet*, Year 10s have developed the complexity of their personal readings and arguments regarding the *Human Dilemma* in Macbeth, Year 11s have built their confidence in their first Stage 6 Module *Reading to Write* through their study of Othello and Year 12s are heading towards the end of their *Textual Conversations* unit where they have reflected on the dissonances and resonances between John Keats' oeuvre of poetry and Campion's film *Bright Star*. In today's High Flyer we share with you what some of our Year 7s and Year 8s are writing and a list of what they could be reading.

Stage 4 (Year 7 and 8)		
Novice	Developing	Expert
Goodnight Mister Tom (Michelle Ma- gorian) Wonder (R.J. Palacio) The Midnight Palace (Carlos Ruiz Zafon) Madame Doubtfire (Anne Fine)	Skellig (David Almond) Inkheart (Cornelia Funke) Be Resilient (Nicola Morgan) The Invention of Hugo Cabret (Brian Selznick)	The Giver (Lois Lowry) Welcome to Nowhere (Elizabeth Laird) Coram Boy (Jamila Gavin) The Women in Black (Susan Hill)

### Ariel Spencer, 7A

"The train halted to a stop. Suitcase, coats, hats and shoes all wandering the same direction, pushing and shoving all for different reasons. The girls' brown leather shoes were lost amongst the crowd, a shadow in a sea of beige. Fabric brushed up against her cold skin, her mouth was dry and parched and her ears were overwhelmed by the sounds of shoes clicking, men shouting and children playing. Colours jumped out at her, leaving spots in her vision."

### Daniel Zhao, 8ENG2

"The sickly cold reaped the warmth from my toes as its fingers clutched my bones, chilling me to my spine. Legs buckling, eyes threatening to close, I give a last blood-curdling cry for help. It was futile. I succumbed to the bitter cold with a thump. Tears frozen and eyes shut, memories I thought I shut the door to flickered into my mind with a searing buzz.

"Mike! Come out wherever you are!" My father said as I hid behind a hay bale trying not to giggle. But my little feet stuck out the side of the hay, so he soundlessly snuck up and tickled them."

### Claudia Tribe Aviles, 7R

"Glorious yellow sunshine peeks from behind the clouds casting its radiant light, melting away the sorrow, the icy air becoming a gentle kiss of spring warming my fingertips to the bone. The flowers in my garden began to thaw, allowing their frozen tears to melt and drop, but they were no longer tears of sadness but simply tears of joy, they were finally free.

The snow is reduced to water helping to energise the green grass, the sky a blue palette allowing nature to thrive under its spring light. The sunshine had broken the sad and prolonged curse, all of nature stretched up to the sun as if wanting to thank her for defeating the evil winter. The leaves of the trees wave to me once more, as I walk by filling my heart with hope."

### Holly Reay, 8ENG2

"The chill winter air greets me in the morning like an unwanted friend, I stumble out of bed into the same worn-down kitchen for a cup of coffee and the milk is sour. I look around my house and stare at the usual untouched mess I call my living room, if you just walked in you would think that no one had been inside for weeks. My mind feels fuzzy, I sip my cold coffee trying to remember the night before but my brain is stubborn, I'm sure something else will remind me during the day. I beam at my empty and barren calendar and the single scribble marked on today's date; 'funeral' it reads. It must be Aunt Jenna's, though I'm sure that was meant to be next month. I pick myself up and prepare myself for the funeral.'

<sup>\*\*\*</sup> 

# Debating

### FROM Bianca Shore, Debating Co-ordinator

#### Debating - Stage 6

Exciting times ahead in debating this year! This is my fifth year of co-ordinating debating and for the first time, we have stage 6 team who will be competing in the Premier's Debating Challenge this Wednesday against Carlingford High School. I find this personally exciting as I have had the privilege of watching some of the students in this team develop since they entered in year 7. I am so thrilled to see how they have grown and matured over the years! Good luck to the Year 11 team who is made up by Raghu Gokhale, Marko Ivaneza, Ariella Perry and Katie Whitehouse. Thomas Kelly will also be assisting on the day.

### Debating - Stages 4 & 5

There has been significant interest in stage 4 debating and continued interest in stage 5. As such, we will be continuing our partnership with Masters Academy coaches in term 2. I am currently liaising with them to try and have this start earlier. However, in the meantime, debating for stages 4 and 5 will commence in week 8. This will be run as an after school activity. Based on majority student preferences, Stage 4 (years 7/8) will run from 3:30-4:30 on Wednesday afternoons in D17. Stage 5 (9/10) will run from 3:30-4:30 on Tuesday afternoons in D17.

Remember, debating is for all participants, whether experienced, or just wanting to develop some skills. It is not too late to come along to one of the above sessions starting from week 8! See you there!

# Writing Competitions

FROM Henry Chen, Writing Competition Co-ordinator

Mosman High has enjoyed incredible success in writing competitions. Last year, Matilda Meikle won a national writing competition and also scored a laptop and internship at a publishing company. It's never too late to start your writing career, and a good testing ground is in writing competitions! At the moment, we have two competitions for students to participate in:

- Nan Manesfield Writing Competition
- Mosman Youth Awards in Literature

For more information, students can see the English staffroom noticeboard. Drafts can be sent to Mr Chen in English for feedback too.

Happy writing!

# Languages Faculty 2022

### FROM Jane Jackson, Teacher Languages

*Linguafest* is a short film competition run by the Modern Language Teachers Association (MLTA) of NSW. It is similar to *Tropfest*, in that each year there is a new theme and also a new signature item. For example, in 2021, the theme was 'a choice' and the signature item was 'a piece of fruit'.



In 2021, Mosman High was the **Stage 5 Winner** and also awarded **Most Original** for the Turkish short film 'The Road Not Taken' (SEÇÍLMEYEN YOL) by students Sudenaz Kiran and Yusuf Kiran. It is a deeply moving story of the 'road not taken', performed as a rap song to original lyrics. The catchy beat, engaging set and the narrative of the song are very inspiring. Congratulations Sudenaz and Yusuf! Next stop Sundance or Tribeca film festivals perhaps!?!

Language classes may have the opportunity to participate in this year's Linguafest.

In Week 2, Term 1 Year 11 French learned about la Chandeleur. La Chandeleur (Candlemas) in France, was once an important religious holiday to the French people. Chandeleur comes from the word *chandelle* meaning 'candle', hence the holiday's name. Like many holidays, la Chandeleur eventually lost most of its religious meaning. The French celebrate Candlemas on 2 February each year, which is forty days after Christmas. In France, celebrating la Chandeleur involves making and eating crepes where making the crepes is just as much fun as eating them! The Candlemas tradition is that you need to flip the crêpe without letting it fall! If it falls, it brings bad luck. In French, 'good luck' is called bonne chance and 'bad luck' is called malchance. Students really enjoyed making up their crepes with sweet fillings of Nutella and strawberries. Miam! Miam! (Yum! Yum!).

With the huge increase in streaming services and Covid-19 lockdowns, the way we watch television and see movies has changed dramatically forever. Did you know that SBS offers SBS On-Demand, **a free streaming service** with a huge range of foreign language and indigenous language content. For example, the French Collection (*Collection Francophone*) including French Series, French Movies, Tour de France coverage, Fancy French Food, French News and Travel to France can be found at the following link; https://www.sbs.com.au/ondemand/french-collection

My March pick to inspire you, and your children, for future travel is the three episodes of the amazing Anthony Bourdain's 'Parts Unknown' filmed in Lyon, Marseilles and the French Alps.

To enrich your child's language learning set up a free SBS On-Demand account today.



Amusez-vous ! / Have fun !

# **Student Stars**



Luca Zucchiatti (Year 7) competed in the NSW Junior Track Cycling Championships in Dubbo over the weekend of 19 - 20 February. He won gold in each of the available state event categories and is the 2022 Under 13 NSW State Track Cycling Champion. Track and Road Cycling are a huge passion for Luca. He trained very hard for this event and it is a great achievement!





Lili MacPherson (Year 11) competed at the NSW State Junior Championship over the weekend of 25-27th February. Lili competed in the Girls Under 18 Javelin and threw 40.35m placing her 1st in the State. An outstanding achievement in itself and even more so given that she was competing against older girls. Lili will be going to Nationals in mid-March, we wish her much luck!



# 24 FEBRUARY-14 MARCH 2022

Put your walking shoes on and join the 2022 Mosman Art Walk. This 3km circuit around Mosman Village can be joined anywhere at any time and you can do it more than once!

Discover this fun and Covid-safe event for the whole family while window shopping in Mosman's best retailers showing original artworks by acclaimed Australian artists. Some are Mosman High teachers, parents and former students, and their works, from paintings to sculptures to prints, are often inspired by the local environment, Mosman's beaches, bush, streets and headlands.

If you see something you like, it's easy to put in a bid online on the spot, with 25% of the proceeds donated to support art education at Mosman High, 75% going to the artists.

It's a community fundraiser and outdoor art exhibition with a difference, brought to you by the Mosman High Art Committee.



# Visual Arts 2022

## FROM Fiona Ackerman, Head Teacher Visual Arts

How exciting for Visual Arts at Mosman High School to have 70 metres of crisp white hoarding to decorate with student art. The first banner of seven have been installed. The past Year 12 artwork has been digitised and printed onto PVC which is ten metres in length x two metres in height. We are now eagerly waiting for the conclusion of our 2022 Term One artwork, from Years 7 through to Year 11, to digitise and be made into the forthcoming six banners.

We are displaying beautiful 2D and 3D artwork both inside and outside the artblock. The banner can be seen from Military Road, and it is a treat for your eyes.



### Year 11 Visual Arts Excursion to Cockatoo Island

Complementing the study of architecture, Year 11 Visual Arts students journeyed to the historic Cockatoo Island. Photographing and sketching the distinctive features of the UNESCO world heritage site, students will develop a body of work in response to their experiences on the island.





### Haruka Nagashima - Student Reflection

The Cockatoo Island excursion was very interesting to go, there were so many places to explore and observe. I loved how there were Cafes' on the island, they had so much delicious food (the fried chips were the best). Throughout the excursion, I was so excited and thrilled to be able to look around with my friends. The time when we had to walk around the island with our friends was the most fun part of the trip. And the time where we had to go to Cockatoo Island by ferry was the most joyful experience.



Continued on page 13

# Visual Arts 2022

### FROM Fiona Ackerman, Head Teacher Visual Arts

#### Student Reflection, Elsa Mcnamara

#### My Experience on Cockatoo Island...

To begin with, the ferry ride there was beautiful. The weather was rainy and gloomy in ways, but I felt it matched the mood of Cockatoo Island well. I was met by a great big sign welcoming me onto the Island, and immediately I was exposed to the huge area of levelled land below the higher land area. Immediately there were beautiful old, construction-like buildings to take pictures of. Some friends and I collectively walked through the huge building with all different sorts of manufacturing utensils. Then I split off with Peppa and we looked around the water, where we found a submarine, an abandoned bathroom, and an interesting mine that looked like it extended for kilometers. Walking around the Island was really illuminating in ways I would never have imagined. I never expected to find the historic artifacts that I did, prison chambers, gardens, ships, etc.

The whole island had a disjointed feeling to reality, it was almost as if it was a microcosm of some dystopian world that didn't really exist. This was somewhat because of the rainy weather, but also because of how separated from the city and the world around me that I felt whilst on the Island. Although the Island was filled with liminal space, it wasn't anything other than comforting and intriguing to explore.

I really enjoyed observing how mood and tone can be captured from such seemingly superficial and structurally complex buildings. It really felt like a place for you to learn about the importance of perspective, where some buildings were so grand you felt like an ant. I hope to replicate the feelings of insignificance i felt in the scheme of the Island, and yet how it was also a place of memories and comfort with my closest friends.

To conclude, the exploration and freedom I felt on the island was juxtaposed with the substantial beauty of isolation that brought on feelings of insignificance. Ultimately, it was a trip I gained a lot from.





### "ART BLOCK ARVO"

We are starting a new club here at Mosman! Every Monday afternoon, from 3:30pm to 4:30pm, in the Art Rooms 4 & 5, we will be holding our student art club called "Art Block Arvo".

It will be a relaxed space where you can enjoy making your own art. All students of all abilities and ages are welcome. Please see Mr Edwards for further details.





FROM Deborah Mulhall, Librarian

# We may be small but we are fierce!

Just because our premisies are small and temporary, does not mean we don't have exciting new material. Mosman High Library prides itself on resources which are recent, relevent and meaningful. Remember that:

- All our senior study guides are new publications and reflect the new curriculum for various subjects.
- Newly published Young Adult fiction has been, and will be purchased. We are currently focusing on the Notables on the CBA's Older Readers list for 2022.
- Non-fiction: the new *On Series*, written by contemporary journalists and reflecting on current affairs has been purchased.
- A focus on Indigenous Issues has seen us acquaire some of the lastest publications in this area; including works by Stan Grant, Bill Gammage, Noel Pearson, Megan Davis and Marcia Langton.
- Books reflecting techniques for wellbeing as a response to the effects of lockdowns are available.
- Students have to simply request a book and I will do my best to source it.

# Hoping you have had time to look at INFOBASE

I mentioned in previous Highflyer that Mosman High Library has subscribed to Infobase. These are comprehensive, subject-specific databases, written by experts and vetted by editors, with information not available on Google. And not a Wikipedia entry in sight!

### Students may access the database from home as well as school!

The basic address is <u>https://online.infobaselearning.com/</u> and then log in with

User ID: Mosmanhs Password: Library

# **TAS Report**

## FROM Mark Jones, Head Teacher TAS

### Shape Exhibition

Congratulations again for Paloma Ploeg who attended the Powerhouse Museum Ultimo last Friday to accept the accolade of being selected for the HSC Shape Exhibition. A fantastic honour and fitting recognition for her wonderful Major Design Project.







Paloma Ploeg

# **Student Support Officer**

## FROM Hayley Rose, SSO

Hello! My name is Hayley and I am the Student Support Officer or SSO at Mosman High School. I work fulltime Monday to Friday and my role is to help students feel safe, supported, connected, capable and motivated to be the best they can be. This is through individual meetings, group activities, school events, goal setting, mentoring, advocacy, referral and advice.

I will be working with staff and students across the school, as well as engaging with parents and external services and activities outside of school that young people may value. I am not a school counsellor, or a teacher. My background is in youth work and social work. I've worked in roles like Local Government Youth Development, Juvenile Justice, Youth Homelessness Services, Family and Youth Support and Aboriginal and Torres Strait Islander Community Connection. I've studied Psychology and Social Welfare at University and Youth Work at TAFE. Some of the things I've helped young people with in the past, directly or through support services are mentoring and

tutoring, applying for jobs and scholarships, TAFE and University study options, housing and Centrelink issues, managing stress, building confidence, leadership opportunities, learning new skills, finding ways to meet new people, solve social problems, as well as creating and taking on new opportunities. If I can't help personally, I almost always can help find who can.

I am excited to work as a SSO because I love seeing young people achieve their goals, act on their strengths, overcome challenges, and thrive off different opportunities. I am a fierce advocate for young people and social justice and love working alongside young people through their celebrations and hardships, giving them a voice and helping them to realise their potential. I would like to help foster the positive culture I've experienced here. For people who haven't found their place yet, or are not enjoying school, I'd also love to work together to find ways to change that, so that every single student feels safe, respected, valued, capable and equal in school and beyond, as well as a sense of responsibility as part of ensuring everyone else feels the same.

I look forward to getting to know you all, learning from you, and working together to help students achieve and believe in their best, no matter what. Please reach out via the school email or phone if there is anything I can help with regarding your child and family.



# **CALENDAR OF EVENTS**

#### ...... **TERM 1 2022**

**Monday 14 March** New Teachers' Induction Day Yr 7 2023 Special Programs "Auditions" P&C Art Committee 6-7pm

**Tuesday 15 March** NS Zone Swimming Carnival Yr 7 2023 Special Programs "Academic Test" 10am -1.30pm P&C Music Committee Meeting Welcome Evening (Library)

Wednesday 16 March Yr 7 2023 Special Programs "Auditions"

**Thursday 17 March** SNS Regional Swimming Carnival Yr 7 PBL Opera House Excursion P&C AGM & Welcome Evening 6.30 -9pm (RSC)

Friday 18 March Yr 7 PBL Opera House Excursion Yr 12 The Merchant of Venice Symposium (Seymour Centre) Yr 12 Advanced & Standard Sport for Jove Excursion, EALD

Monday 21 March Yr 8 ELEVATE - Junior Time Management Yr 7 Special Programs Academic Tests & Auditions 10am - 1pm

**Tuesday 22 March** Yr 12 ELEVATE - Ace Your Exams

**Thursday 24 March** NB Lifeline High School Surfing Yr 10 Presentation—Pyschology

Friday 25 March Yr 12 Leadership Conference - Taronga Zoo

**Tuesday 29 March** Akoosticum Dress Rehearsal

Wednesday 30 March Akoosticum Concert 7-9.30pm

Thursday 31 March CHS (Combined High School) Swimming Carnival Friday 1 April CHS (Combined High School) Swimming Carnival

Monday 4 April Cross Country Carnival - Georges Heights, Mosman

**Tuesday 5 April** Cross Country Carnival - Georges Heights, Mosman

Wednesday 6 April Cross Country Carnival - Georges Heights, Mosman

Thursday 7 April Cross Country Carnival - Georges Heights, Mosman

Friday 8 April ANZAC Day Ceremony

### **TERM 2 2022**

**Tuesday 26 April** Term 2 begins-Staff Development Day

Wednesday 27 April Students return to school

Friday 29 April Staff Flu Vaccination Clinic

**Tuesday 3 May** MHS Athletics Carnival - Sydney Academy of Sports, Narrabeen

Wednesday 4 May Yr 7 Camp - Broken Bay Sport and Recreation Centre

### **CONTACT DETAILS**

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Phone: Fax:

Website:

(02) 9968 1203 Email:

mosman-h.school@det.nsw.edu.au www.mosmanhighschool.com.au

(02) 9968 1006

..... Thursday 5 May Yr 7 Camp - Broken Bay Sport and Recreation Centre

Friday 6 May Yr 7 Camp - Broken Bay Sport and **Recreation Centre** MH Careers Expo Day 2022

Tuesday 10 May Yrs 7/9 NAPLAN online P&C Sports Committee Meeting 7-9pm

Wednesday 11 May Yrs 7/9 NAPLAN online

**Thursday 12 May** Yrs 7/9 NAPLAN online P&C Wellbeing Committee Meeting 6 - 8pm

Friday 13 May Yrs 7/9 NAPLAN online

> Dates are correct at time of printing and may be subject to change.

### MOSMAN **HIGH SCHOOL**

ATTENDANCE LINE

8968 7602